FRANKLIN RECREATION FALL BROCHURE

Registration opens August 1, 8:30am



BASKETBALL. TENNIS. ART. BOOTCAMP. FIRST FRIENDS. PICKLEBALL & MUCH MORE



REGISTRATION INFORMATION

REGISTRATION

Walk-in & Online registration for Fall Programs will begin on Monday, August 1 at 8:30am. For online registration, please visit our website www.franklinma.gov/recreation-department and choose the "online registration" tab. To register in person, our address is 275 Beaver Street.

PROGRAM/COURSE CONFIRMATION

We do not send registration confirmations. Please understand that it is your responsibility to know the date, time, and location of any program. A participant is registered only when payment is received.

All programs are offered on a first come, first serve basis. Franklin Recreation reserves the right to cancel or consolidate a program that does not meet the minimum participant registration numbers. Remember, nothing terminates a program faster than waiting until the last minute to register. Sign up early to avoid disappointment.

We primarily communicate through email for program changes and updates. Please be sure to checks emails you receive from us.

REFUND POLICY

Refunds are only issued in the event of a cancelled program or if there is a medical emergency with a doctor's note. Every attempt will be made to reschedule a class that has been cancelled for inclement weather, instructor absence or holiday. We are not responsible for making up classes that are missed due to the participants inability to attend. Refunds are not given for lack of attendance. A \$10.00 fee will be charged for all refunds.

PARTICIPANT PHOTOGRAPHY POLICY

Photographs may be taken of participants and sent to newspapers or posted on Franklin Recreation's Facebook and Instagram for publicity purposes. SMILE for the camera! *If you do not want your child's photograph publicized,* please notify the instructor or office prior to the start of the program.

INCLEMENT WEATHER

Every attempt will be made to reschedule a class that has been cancelled for inclement weather. When the Franklin School Department cancels school because of emergencies or weather conditions, all Recreation Department programming will be cancelled for the entire day. If a storm develops later in the day, please call the office (508) 613-1666 or visit our website at www.franklinma.gov.

INABILITY TO PAY

The Recreation Department has established a Program Assistance Fund for all Recreation programs and Franklin Youth Sports programs offered through the Town of Franklin. The Program Assistance Fund was established with the understanding that there are residents who cannot afford the registration fee and are therefore unable to participate. The sole purpose of this fund is to find ways to give every child and family the opportunity to participate in recreation activities while providing a mechanism for equitable treatment and optimal accommodation for resident families in need.

WAIT LISTS

If you are interested in a program that is full, please call to be on the wait list or register on-line if a waitlist is available. If there is a cancellation, people on the wait list will be the first to be notified.

RECREATON DEPARTMENT CONTACT INFORMATION

275 Beaver Street, Franklin MA 02038
PHONE: (508) 613-1666
EMAIL: franklinrecreation@franklinma.gov
WEBSITE: www.franklinma.gov/recreation-department

Ryan Jette, Director Kim Carney, Program Coordinator Sean Fitzpatrick, Program Coordinator Sheila Adiletto, Administrative Assistant

FRANKLIN YOUTH SPORTS ORGANIZATIONS

Franklin Chargers Football

http:// franklinpanthers.website.sportssignup.com/

Amy Murphy president@franklinpanthersyfb.com



Franklin Youth Baseball

Franklinyouthbaseball.com/site

Dan Pennini franklinyouthbaseball@yahoo.com



Franklin Boys Youth Lacrosse

www.franklinlax@yahoo.com

Bridget Sweet franklinlax@yahoo.com (508) 541-4143



Franklin Youth Hockey

www.franklinflyers.org

Jim Pirrong President.fyha@gmail.com (508) 528-1065



Franklin Youth Field Hockey

www.franklinma.gov/recreation-department

Kim Carney kcarney@franklinma.gov (508) 613-1666



Franklin Youth Softball

www.fgsafastpitch.org

Steve Florest fgsa@fgsafastpitch.org



Franklin Youth Soccer

www.franklinyouthsoccer.org www.franklinsoccerclub.com www.franklinsoccerschool.com

> Bjorn Dragsbeak (508) 520-4070



Franklin Girls Youth Lacrosse

www.franklinma.gov/recreation-department

Kim Carney kcarney@franklinma.gov (508) 613-1666



Franklin Youth Basketball

www.franklinma.gov/recreation-department

Sean Fitzpatrick sfitzpatrick@franklinma.gov (508) 613-1735



NFL Flag Football

www.franklinma.gov/recreation-department

Jack Geromini jgeromini@comcast.net



PARKS, ATHLETIC FIELDS AND LOCATIONS

RESERVING AN ATHLETIC FIELD

To reserve a field or facility please visit us at the Recreation Department and complete a Field Usage Form. Any questions email kcarney@franklinma.gov.

VISITOR GUIDELINES

Please adhere to the following guidelines when visiting a field or park



<u>TRASH & RECYCLING:</u> Pick up trash and dispose of properly. Trash is picked up regularly. If barrels are full please remove your trash from the site.



PARKING: Park in designated areas. If parking on the street is necessary park in a manner that will allow emergency vehicles to access fields and neighboring homes. Please do not block access to driveways or park on lawns.



DOG ORDINANCE: Please keep your dog on a leash and clean up after your pet. Please check park and field specific postings.

FIELDS LOCATIONS & AMENITIES

King Street Memorial Park	Fletcher Field	Dacey Community Field	Recreation Department	Chilson Beach/ Beaver Pond Rec Fa- cility
740 King Street	45 Peck Street	661 Lincoln Street	275 Beaver Street	420 Beaver Street
2 Baseball fields, soccer fields, basket- ball courts, volleyball court, 2 pickleball courts, bathroom & concession facility, 2 bocce courts, bike racks, picnic tables	2 small baseball fields, 1 senior baseball field, bas- ketball courts, ADA compliant play- ground (2-12 yrs), street hockey rink, 3 baseball batting cages	ADA compliant play- ground (2-12yrs), 1 large soccer field, 2 small soccer fields, walking trails, bike racks, disc golf course, dog park, picnic tables	Recreation Gym, Multi-purpose Room, Art Room	Beach, picnic tables, Vendetti Playground, restroom facilities with concessions Artificial grass turf field lined for soccer/ football/lacrosse/field hockey
Pisani Field (formerly Theron Metcalf)	DelCarte Recreation Area	Franklin High School	Meadowlark Lane Complex	Remington Jefferson School
38 Peck Street	459 Pleasant St.	218 Oak Street	39 Meadowlark Ln.	628 Washington St
2 small softball fields (lighted), restroom facility with conces- sions	Reservoir, ADA Compliant play- ground, walking trails, canoe/kayak launch, dock, fishing	2 Senior baseball fields, 2 softball fields, 2 turf fields, track & field area, 4 tennis courts, soccer fields, gymnasium	Small baseball field, soccer fields, con- cession facility, tot swings	Soccer fields, 2 softball fields, baseball field, basketball court, 2 ADA compliant playgrounds, gymnasium

SPORT PROGRAMS

RECREATION BASKETBALL

Ages: 5-14

Various Schools/Gyms

Recreation basketball emphasizes basic basketball skills and fundamentals, good sportsmanship and fun! Boys and girls in grades K-8 can continue to develop their skills with equal playing time based on our matrix system. Playing rules will closely mirror MetroWest & CYO Basketball. Schedules should not conflict.

Schedules and times will vary weekly. Players in 3rd-8th grade will participate in a skills session Saturday October 15 to determine player abilities. A draft will take place over the following weeks. Our goal is to make every team equal in skill, ability and ages. Players in K-2nd grade will be placed on teams by school district.

Fee: \$130

Day:	Time:	Date:	Age:
Sat	Varies	Nov 12 - Mar 4	K-8th Grade

RECREATION BASKETBALL REFEREE CLINIC

Ages: 14+ Recreation Dept Multi Purpose Room

FREE

Learn the basic mechanics and practices of being a good official in the Franklin youth basketball league.

Day:	Time:	Date
Wed	6:00pm –8:00pm	November 16

VOLLEYBALL

Grades: 6th-8th Recreation Department Gym

Learn the fundamental skills of volleyball including the basics of offense and defense including passing, setting, spiking, serving and blocking. *Instructor:* Heather Grammaticas

Fee: \$100

Day:	Time:	Date:	Grade:
Tues	5:30pm-6:30pm	9/27 - 11/1	6th-8th

HIGH SCHOOL INTRAMURAL BASKETBALL LEAGUE

Grades: 9-12

King Street/Horace Mann

Each team will play 6 regular season games plus 1-3 playoff games. Upperclassman player captains will coach each team. Max 10 players per team. Patched officials for all games. High school rules and clock.

Fee: \$100

Day:	Time:	Date:	
Sat	8:15am-12:15pm	Aug 27 - Oct 29	

TENNIS - RED BALL

Ages: 5-10

Recreation Gym

This class is an introduction to the sport of tennis and is best for beginner players age 5-10. We will develop hand eye coordination, agility, balance using games and team activities. Kids will learn the basics of tennis: forehand, backhand, volley and serve through drills and skill based exercises.

Instructor: Amie Taylor

Fee: \$85

Day:	Time:	<u>Date</u>
Wed	4:00pm - 4:45pm	Sept 7 - Oct 5
Wed	4:00pm - 4:45pm	Oct 19 - Nov 16

SPORT & STRENGTH

Grades: 5th-12th

Recreation Gym

This program will get your middle school/high school athlete ready for their sports season focusing on the 10 physical skills; strength, stamina, flexibility, power, endurance, speed, agility, balance, coordination and accuracy. Building a strong core in a group setting, utilizing medicine balls, ladders, monster bands, body weight and much more!

Instructor: Meg Dumais, Lara Grady

Fee: \$85

Day:	Time:	Date
Tues	4:00pm - 5:00pm	Sept 6 - Oct 11
Tues	4:00pm - 5:00pm	Oct 18 - Nov 22
Thurs	4:00pm - 5:00pm	Sept 8 - Oct 13
Thurs	4:00pm - 5:00pm	Oct 20 - Dec 1 (no class
11/24)		•

SPORT PROGRAMS

KIDS TO 5K!

Grades: 3rd-8th Town Common/FHS Track

Join us as we train for a 5k road race! Each week we will start with warm up and drills designed to prevent injury and promote good running form, before getting into our running workout. We will also have an optional week night (TBD) training at the town common. We will discuss *nutrition* and *hydration* for before, during, and after exercise. At the end of the session you will be ready to run the Franklin Turkey Trot

Fee: \$100

Day:	Time:	Date:	Grade:
Sat	10:00-11:00am	9/17 - 11/19	3rd-5th
Sat	11:00-12:00pm	9/17 - 11/19	6th-8th

WRESTLING

Grades: 4th-8th

842 Upper Union Street

This 10 week program is designed for beginner and less experienced wrestlers. Learn how to maintain balance while moving forwards, backwards, and sideways and learn how to setup, execute, and finish moves. We will review techniques and strategies that will help you win matches. By the end of the session you will improve coordination, increase endurance, and become stronger. Classes held 2x week on Tuesday and Friday.

Instructor: Hall of Fame Coach Carmine Colace

Fee: \$125

Day:	Time:	Date:	<u>Grade:</u>
Tues	6:00pm	11/29 - 1/31	4th-8th
Friday	5:30pm	12/2 - 2/3	4th-8th

^{*}Wrestlers encouraged to attend both days each week

PRESCHOOL/CHILDRENS PROGRAMS

RED CROSS BABYSITTING TRAINING

Ages: 11-15 Rec Dept Multi Purpose

Room

Babysitters Training provides youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership skills; learn how to develop a babysitting business, keep themselves and others safe and help children behave; and learn about basic child care and basic first aid. Please note food allergies as we will prepare simple healthy meals/snacks.

CHOOSE ONE SESSION ONLY

Day:	Time:	Date:	Fee
Thur	5:30pm - 6:30pm	9/8 - 9/29	\$100
Thur	5:30pm - 6:30pm	12/1 - 12/22	\$100

CHESS

Grades: 2nd - 8th Rec Dept Multi Purpose

Room

Chess is a fun and strategic game that improves decision making, strategic thinking, analytical skills and more. Sessions will cover all aspects of the game including rules, basic openings, middle game and end game strategies as well as tactics. Players will be organized based on age, ability, and instructor recommendations.

Instructor: Danny Angermeier, Expert Level Player

Fee: \$90

Day:	Time:	Date:	
	6:00pm - 7:00pm 6:00pm - 7:00pm	Sept 7 - Oct 5 Oct 12 - Nov 9	

REAL WORLD ROBOTICS

Grades: 4th - 8th

Rec Dept Multi Purpose Room

In Snapology's Real World Robotics class; students interested in technology will create robotic models inspired by real life robotic technologies. Students will learn about gear ratios, sensors, simple machines, and programming as they build alarm devices, earthquake detectors, robotic arms, and much more. Your child will have a blast exploring the world of robotic technologies as they build, learn, and play.

Fee: \$125

Day:	Time:	Date:	Minimum Capacity
Mon	4:00pm - 5:30pm	Sept 12 - Oct 24	8 per class

PRESCHOOL/CHILDRENS PROGRAMS

FIRST FRIENDS

Age: 2-3.5 Recreation Dept

Do you have a 2-3.5 year old who wishes they could go to school? Let your preschooler enjoy some independence and socialization with peers in this preschool curriculum based drop off class taught by two certified teachers. This 1 1/2 hour class is a great transitioning first step before preschool and longer drop off activities. Please pack a nut free snack and send a labeled sippy cup for your child. Please note that our instructors do not change diapers and will call if your child needs to be changed. Please bring a change of clothing. *Instructor: Ms. Nicole & Ms. Kerry*

Location: 275 Beaver Street. Entrance in back.

Max Participants: 10

Day:	Time:	Date	Fee:
Mon	9:00am-10:30am	9/12 - 10/31	\$160
Mon	9:00am -10:30am	11/14 - 12/19	\$160

MORE FUN W/ FRIENDS

Age: 3-5 Recreation Dept

Has your child already enjoyed First Friends? Children will enjoy the same First Friends experiences while exploring a different theme every week. We will participate in songs, art activities, games and fine and gross motor play. Please send your child with a nut free snack and labeled water bottle for your child. *Please note our instructors do not change diapers* Please bring a change of clothing.

Instructors: Ms. Nicole & Ms. Kerry

Location: 275 Beaver Street. Entrance in back.

Max Participants: 10

Day:	Time:	Date	Fee:
Tues	9:00am-12:00pm	9/13 - 10/18	
Tues	9:00am -12:00pm	11/15 - 12/20	\$325
Wed	9:00am -12:00pm	9/7 - 10/26	\$325
Wed	9:00am -12:00pm	11/2 - 12/21	\$325

NEW!!! ADDITIONAL HOUR ADDED TO INCLUDE GYM TIME

THEMED DROP OFF CLASSES!

Age: 2-5 Recreation Dept

Join Ms. Nicole and Ms. Kerry for a themed drop off class! Enjoy yourself while your child makes a craft, plays games, reads stories and sing songs! Please bring a labeled sippy cup for your child.

Fee: \$25 per class

APPLES!

Day:	Time:	Date	
Mon	10:30am-12:00pm	Sept 12	

LET'S GET MESSY!

Day:	Time:	Date
Mon	10:30am-12:00pm	Sept 19

LEAVES

Day:	Time:	Date
Mon	10:30am-12:00pm	Oct 3

PJs & PANCAKES

Day:	Time:	Date
Mon	10:30am-12:00pm	Oct 17

HALLOWEEN

Day:	Time:	Date
Mon	10:30am-12:00pm	Oct 31

COOKIE DECORATING

Day:	Time:	Date
Mon	10:30am-12:00pm	Nov 7

THANKSGIVING

Day:	Time:	Date
Mon	10:30am-12:00pm	Nov 21

LITTLE SCIENCE SEEKERS

Age: 3-5 Recreation Dept

Little learners are captivated by science and learning by doing, feeling, touching and examining. Little Science Seekers will focus on developing scientific inquiry skills such as observing, investigating and experimenting rather than looking for the "right answer" or "right way" of doing things.

Instructors: Ms. Nicole & Ms. Kerry

Day:	Time:	Date:	Fee:
Thurs	10:30am - 12:00pm	Sept 8 - Oct 27	\$190
Thurs	10:30am - 12:00pm	Nov 3 - Dec 22	\$170

ART PROGRAMS

ART EXPLORATION

Ages: K - 5th Grade

Rec Dept Art Room

These sessions will focus on learning how to use multiple mixed media including 2D and 3D. *Instructor: Ms. Kerry*

Fee: \$240

Day:	Time:	Date	Grade
Tues	3:45pm - 5:15pm	9/6 - 10/25	K-2nd
Thurs	3:45pm - 5:15pm	9/8 - 10/27	3rd-5th

Fee: \$210

Day:	Time:	Date	Grade
Tues	3:45pm - 5:15pm	11/8 - 12/20	K-2nd
Thurs	3:45pm - 5:15pm	11/3 - 12/22	3rd-5th

ART EXPLORATION 1 or 2 DAY WORKSHOPS

Ages: K - 5th Grade Rec Dept Art Room

Let's Make Slime/Playdough

Fee: \$30

Day:	Time:	Date
Wed	1:30pm - 3:00pm	Sept 21

Haunted Houses

Fee: \$30

Day:	Time:	Date
Wed	1:30pm - 3:00pm	Oct 26

Turkey/Scarecrow

Fee: \$60

Day:	Time:	Date
Wed/Thurs	1:30pm - 3:00pm	Nov 9 & 10

ART EXPLORATION 3 - 4 WEEK WORKSHOPS

Ages: K - 5th Grade

Rec Dept Art

Room

Fun with Mixed Media!

Let's spring into art using wood, canvas, paper mache and clay. *Instructor: Ms. Kerry*

Fee: \$85

PAPER MACHE

Day:	Time:	Date_	
Tues	5:30pm - 6:30pm	9/6 - 9/27	

CLAY & MORE

Day:	Time:	Date	
Tues	5:30pm - 6:30pm	10/4 - 10/25	

PAINT TECHNIQUES

Day:	Time:	Date
Tues	5:30pm - 6:30pm	11/1 - 11/29

YOUNG ARTISTS

Ages: 2.5 - 5 Rec Dept Art Room
Do you have a child who loves arts and
crafts and enjoys getting messy? We will
learn about a new artist, recreate simple
artwork, read a story, sing songs and have a
snack break.

Instructor: Ms. Kerry

Location: Art Room- 275 Beaver Street

Day:	Time:	Date:	Fee:
Thu	9:00am - 10:30am	9/8 - 10/27	\$190
Thu	9:00am - 10:30am	11/3 - 12/22	\$170



ADULT PROGRAMS

LADIES LIGHT HIKE

Age: Adult Various

Add dimensions to your walking or jogging - do you like the idea of hiking but don't want to go alone? Hiking is fantastic exercise as well as a great time to get some fresh air and explore new places. This class moves at a good pace - we will be looking for hills! We will meet at various local locations every week (a list will be distributed). First meeting location: F. Gilbert Hills State Forest. Canceled only for VERY inclement weather, make-ups after 2nd cancellation *Instructor: Nanci Cahalane*

Fee: \$25

Day:	Time:	Date:	
Thur	9:45am-11:00am	9/8 - 10/13	
Thur	9:45am-11:00am	10/27 - Dec 8 (no	class 11/24)
Sat	9:45am-11:00am	9/10 - 10/15	ŕ
Sat	9:45am-11:00am	10/29 - 12/10 (no	class 11/26)

LEARN TO PLAY PICKLEBALL

Age: Adult Recreation Department Gym

An introduction to pickleball, for those who have never played or those who have recently learned, but could benefit from the guidance of an instructor. Learn the proper grip and body mechanics, the basic strokes including ground strokes, serves, dinks, lobs, volleys and the technique necessary to execute successfully. Paddles and balls are provided. *Instructor: Terri Attinello*

Fee: \$50

Day:	Time:	Date:	
Tues	7:15pm-8:30pm	9/13 - 10/4	

IMPROVING PLAYER CLINIC

Age: Adult Recreation Department Gym

Intended for those who have been playing pickleball socially for a while and would like to build upon their skills. Players must already know how to play, keep score and be able to execute the basic shots. In this clinic we will work on shot accuracy and placement and court positioning. We will learn shot specific strategies and drills that will help with practicing specific skills.

Day:	Time:	Date:	Fee:	
Thurs	7:15pm-8:30pm	9/15 - 10/6	\$50	_

SOCIAL PLAY PICKLEBALL

Age: Adult Recreation Department Gym

Organized round robin or mixed play for the novice/ less experienced player. Players should know how to play and keep score and be aware of and able to follow pickleball specific rules including the double bounce rule and no-volley zone rule. Play with a group of similarly skilled players. Paddles and balls will be provided. *Instructor: Terri Attinello*

Day:	Time:	Date:	Fee:
Tues	7:15pm-9:30pm	10/18-12/13	\$50
Wed	8:15am - 10:15am	11/9 - 12/14	\$25

COMPETITIVE PLAY PICKLEBALL

Age: Adult Recreation Department Gym

Organized round robin or mixed play for players at the intermediate skill level. Players should be able to handle spin and hard shots, have fewer unforced errors and regularly play games with extended rallies. Play with a group of similarly skilled players.

Day:	Time:	Date:	Fee:_	
Thurs	7:15pm-9:30pm	10/13-12/15	\$50	

INTRO TO OPEN PLAY

Age: Adult Recreation Department Gym

An introduction to open play for those who have just learned how to play pickleball and have not yet played in an open play setting. Session will reinforce understanding of rules in a game situation and allow for playing with everyone. Players will have the opportunity to play with the instructor and get tips during play. Paddles and balls provided. *Instructor: Terri Attinello*

Fee: \$20

Location: King Street Courts

Day:	Time:	Date:
Mon	5:30pm-7:30pm	Oct 17 & Oct 24

COMMUNITY PAGE

Beaver Pond Facility Improvement Project Update

The Beaver Pond Facility Improvement project is moving forward. We are in the process of adding a grass practice field, a lacrosse rebound wall and a fitness course for older children. The fitness course is designed for children and adults (ages 13+) and includes 11 challenges that are fun, exciting and designed to keep children active. The anticipated completion of the Beaver Pond Facility project is September 15, 2022.





Rendition of the Fitness Course by Childscapes and example of the Lacrosse Rebound wall

